

## 10000 m am 21.09.2018

### Ergebnisliste

| Rng | Snr | Name, Vorname        | Verein/Ort                      | Jg | Ak  | Endzeit |           |
|-----|-----|----------------------|---------------------------------|----|-----|---------|-----------|
| 1   | 37  | Worlitz, Gordon      | LTSV Forst 1990                 | 72 | M45 | 1       | 39:45,2   |
| 2   | 45  | Rotter, Michael      | SV Wacker Komptendorf           | 82 | M35 | 1       | 41:01,0   |
| 3   | 13  | Petschick, Jonas     | LC Cottbus                      | 04 | M14 | 1       | 44:15,5   |
| 4   | 20  | Hecht, Sascha        | Cottbus                         | 85 | M30 | 1       | 45:08,5   |
| 5   | 32  | Wenzke, Jörg         | SV Motor Saspow                 | 69 | M45 | 2       | 45:27,4   |
| 6   | 33  | Bereuter, Mike       | Felixsee                        | 65 | M50 | 1       | 47:07,8   |
| 7   | 2   | Busse, Ingo          | LTSV Forst 1990                 | 62 | M55 | 1       | 48:32,7   |
| 8   | 29  | Bayer, Jeannette     | LTSV Forst 1990                 | 74 | W40 | 1       | 49:50,2   |
| 9   | 40  | Kahle, Jens          | Forst (Lausitz)                 | 66 | M50 | 2       | 50:28,2   |
| 10  | 36  | Döhler, Maurice      | LTSV Forst 1990                 | 07 | M10 | 1       | 51:01,5   |
| 11  | 46  | Schwarzlose, Philipp | Druckzone Cottbus               | 85 | M30 | 2       | 51:08,2   |
| 12  | 6   | Groeschke, Constanze | LTSV Forst 1990                 | 71 | W45 | 1       | 51:52,1   |
| 13  | 9   | Bräuer, Jens         | LTSV Forst 1990                 | 63 | M55 | 2       | 52:59,1   |
| 14  | 3   | Laugk, Liana         | LTSV Forst 1990                 | 76 | W40 | 2       | 55:33,8   |
| 15  | 7   | Ulrich, Bernd        | LTSV Forst 1990                 | 56 | M60 | 1       | 55:55,5   |
| 16  | 24  | Tischer, Dietmar     | LTSV Forst 1990                 | 52 | M65 | 1       | 56:19,8   |
| 17  | 16  | Koal, Gerd           | NLLB Cottbus                    | 52 | M65 | 2       | 56:54,8   |
| 17  | 1   | Schuhart, Sandra     | LTSV Forst 1990                 | 80 | W35 | 1       | 56:54,8   |
| 19  | 18  | Rösler, Heike        | LTSV Forst 1990                 | 63 | W55 | 1       | 57:49,7   |
| 20  | 15  | Koal, Ingrid         | NLLB Cottbus                    | 49 | W65 | 1       | 59:08,0   |
| 21  | 44  | Kühnel, Peggy        | LTSV Forst 1990                 | 71 | W45 | 2       | 59:30,6   |
| 22  | 4   | Rettig, Daniela      | LTSV Forst 1990                 | 79 | W35 | 2       | 59:38,1   |
| 23  | 38  | Pietrucha, Gerda     | SV Chemie Guben                 | 53 | W65 | 2       | 1:01:39,6 |
| 24  | 27  | Wunderlich, Ralf     | FLB Cottbus                     | 57 | M60 | 2       | 1:02:01,5 |
| 25  | 23  | Pfennig, Dirk        | LTSV Forst 1990                 | 48 | M70 | 1       | 1:03:01,3 |
| 26  | 39  | Pietrucha, Günter    | Guben                           | 52 | M65 | 3       | 1:03:15,5 |
| 27  | 43  | Polleschner, Gerhard | CottbuserParkläufer             | 41 | M75 | 1       | 1:05:12,5 |
| 28  | 14  | Nippe, Hannelore     | Die Senftenberger Laufgemeinsch | 52 | W65 | 3       | 1:06:35,9 |
| 29  | 5   | Döhler, Manuela      | LTSV Forst 1990                 | 71 | W45 | 3       | 1:13:40,4 |

## 3000 m am 21.09.2018

### Ergebnisliste

| Rng | Snr | Name, Vorname        | Verein/Ort       | Jg | Ak    | Endzeit |         |
|-----|-----|----------------------|------------------|----|-------|---------|---------|
| 1   | 137 | Worlitz, Gordon      | LTSV Forst 1990  | 72 | M45   | 1       | 11:04,2 |
| 2   | 122 | Hendrischk, Carsten  | FLG Spremberg    | 64 | M50   | 1       | 11:13,2 |
| 3   | 142 | Geike, Tobias        | LTSV Forst 1990  | 98 | M20   | 1       | 12:00,3 |
| 4   | 102 | Busse, Ingo          | LTSV Forst 1990  | 62 | M55   | 1       | 12:31,5 |
| 5   | 117 | Niepolt, Dirk        | Döbern           | 66 | M50   | 2       | 12:42,8 |
| 6   | 107 | Ulrich, Bernd        | LTSV Forst 1990  | 56 | M60   | 1       | 14:10,3 |
| 7   | 106 | Groeschke, Constanze | LTSV Forst 1990  | 71 | W45   | 1       | 14:13,0 |
| 8   | 134 | Briesemann, Roland   | LTSV Forst 1990  | 57 | M60   | 2       | 14:21,6 |
| 9   | 111 | Fiehler, Sven        | Forst (Lausitz)  | 70 | M45   | 2       | 14:48,9 |
| 10  | 128 | Renner, Torsten      | LTSV Forst 1990  | 70 | M45   | 3       | 14:49,3 |
| 11  | 124 | Tischer, Dietmar     | LTSV Forst 1990  | 52 | M65   | 1       | 15:01,8 |
| 12  | 116 | Koal, Gerd           | NLLB Cottbus     | 52 | M65   | 2       | 15:06,7 |
| 13  | 103 | Laugk, Liana         | LTSV Forst 1990  | 76 | W40   | 1       | 15:18,1 |
| 14  | 115 | Koal, Ingrid         | NLLB Cottbus     | 49 | W65   | 1       | 15:40,9 |
| 15  | 104 | Rettig, Daniela      | LTSV Forst 1990  | 79 | W35   | 1       | 15:51,8 |
| 16  | 131 | Stenzel, Grit        | SV Motor Saspow  | 68 | W50   | 1       | 16:19,5 |
| 17  | 121 | Förster, Ingrid      | LTSV Forst 1990  | 58 | W60   | 1       | 16:31,8 |
| 18  | 110 | Gasch, Wolfgang      | LTSV Forst 1990  | 47 | M70   | 1       | 16:39,6 |
| 19  | 130 | Hansel, Andreas      | LTSV Forst 1990  | 59 | M55   | 2       | 16:55,3 |
| 20  | 141 | Geike, Peggy         | LTSV Forst 1990  | 74 | W40   | 2       | 17:49,8 |
| 21  | 135 | Büdner, Siegmund     | LT Vetschau 2010 | 61 | M55   | 3       | 18:17,4 |
| 21  | 125 | König, Collin        | Forst (Lausitz)  | 10 | M 6-9 | 1       | 18:17,4 |
| 23  | 123 | Pfennig, Dirk        | LTSV Forst 1990  | 48 | M70   | 2       | 19:00,5 |
| 24  | 119 | Schindler, Hartmut   | OSC Löbau        | 45 | M70   | 3       | 19:03,8 |
| 25  | 112 | Zimmermann, Christa  | LTSV Forst 1990  | 57 | W60   | 2       | 19:10,3 |

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## Ergebnisliste

| Rng | Snr | Name, Vorname   | Verein/Ort      | Jg | Ak    | Endzeit |         |
|-----|-----|-----------------|-----------------|----|-------|---------|---------|
| 1   | 751 | Döhler, Maurice | LTSV Forst 1990 | 07 | M10   | 1       | 9:29,2  |
| 2   | 752 | Winzer, Milo    | SV Motor Saspow | 09 | M 6-9 | 1       | 10:41,3 |